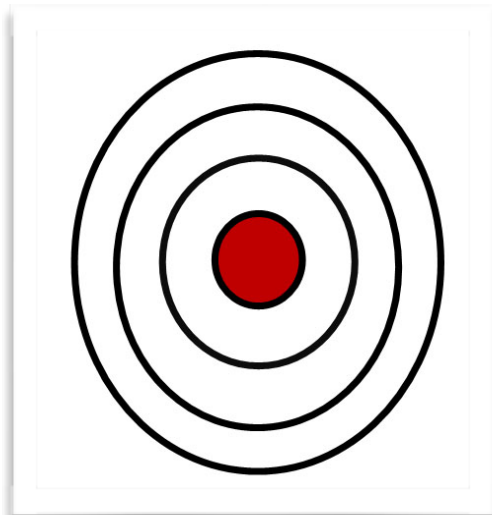
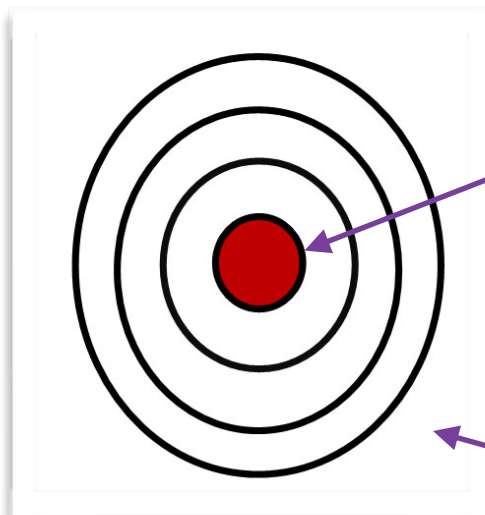


How close am I to living my values?

Place a mark on each bullseye to represent how close you are to living the way you want to be living in each area. You can add areas (such as “parenting”) at the bottom.



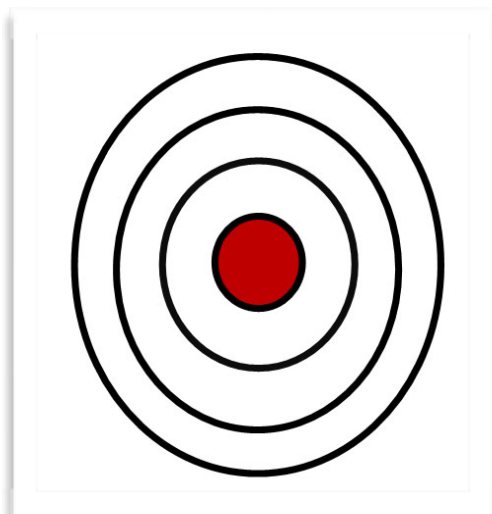
Social Relationships



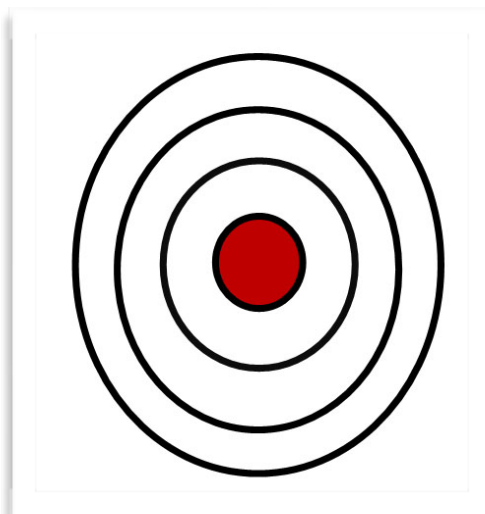
I am being the person I want to be

I am far from being who I want to be

Intimate Relationships



Work / School



Health

